

Music: Shubho Prasad Nandi Soloist: Gouri Choudhury

Bengali Script

Chorus জাগরে মানষ, জাগরে जागरा मानुष, जागरा [repeat]

Verse জাগনে মানুষ, জাগনে जागता मानुष, जागता শকত কির্ও সঞ্জচয় বদেনার অশ্র মুছে হও তম নিরিভয় হও তম নিরিভয়

Chorus

Pronunciation

Chorus Jago manush jago Jago manush jago [repeat]

Verse

Jago manush jago Jago manush jago Shokti koro shonchov Bedoner osru muche Hau tumi nirbhoy Hau tumi nirbhoy

Chorus

English translation

Chorus Wake up humankind, wake up Wake up humankind, wake up [repeat]

Verse

Wake up humankind, wake up Wake up humankind, wake up Summon up your strength Wipe away the tears of pain And be fearless in this battle against loss And be fearless in this battle against loss

Chorus

NEWHAM HARMONY

Haul Away, Joe!

A short-drag sea shanty, probably originating in the 18th century. In this work song, everyone would wait and then PULL (hence short-drag) on the word 'Joe.'

Verse

Well now can't you see the black clouds a-gatherin' (Away haul away, we'll haul away Joe) Well now can't you see the storm clouds a-risin' (Away haul away, we'll haul away Joe)

Chorus

Away (Ho!) haul away! We'll haul away together! Away haul away, we'll haul away Joe Away (Ho!) haul away! We'll haul for better weather! Away haul away, we'll haul away Joe

Write your own rhyming couplet here:

(Away haul away, we'll haul away Joe)

(Away haul away, we'll haul away Joe)



Scan for video lessons & more

Art Thou Troubled

By G F Handel

Art thou troubled? Music will calm thee Art thou weary? Rest shall be thine, rest shall be thine Music, source of all gladness heals thy sadness at her shrine Music. music ever divine. Music, music calleth with voice divine

When the welcome spring is smiling All the earth with flow'rs beguiling After winter's dreary reign Sweetest music doth attend her Heavenly harmonies doth lend her Chanting praises in her train Chanting praises in her train









www.newham-music.org.uk/our-projects/newham-harmony/

RISEUP

By Ayanna Witter-Johnson Arranged by Sam Coates

Verse 1 - wait 4 bars Mm... x4 / Mm... x3

Verse 2

Fires are burning deep in the night While you are sleeping they feed the vibes, Under the stars they're starting to sing and there's a Rumour that nothing's gonna stop Mm x4

Chorus
Ri - se Up! / Ri - se Up!

Vocal break
(Ha.....aha / Ha....aha,)
(Can you feel that getting louder?)

Verse 3

Mm... x3 / (Mm...) x4

(Did you hear that, did you feel that, getting louder?) (Can you hear that, can you feel that, getting louder?)

Verse 4

Fate has decided where you belong Voices are chanting they're never wrong Mountains are shaking drums ever ring, and now

(Ha.....aha)

Did you hear that, did you feel that, getting louder?

(Ha...... aha getting louder.)
Can you hear that, can you feel that, getting louder?

Chorus x2

Breakdown

You gotta rise (You gotta rise) x8

Ri - se Up! Ahh x2 Can you feel that, getting louder?

Chorus Finale



Another Round of Applause

Written by Master Chan Lyrics with Caroline Verdant, Fr. Philip Thomas & Ms. Wade

Let's build back better
For a standard in the system
Where the wages are fairer
Let's build back better
For the workers on the front line
Struggling to get by
Let's build back better
For the future generations
No more hesitations
Let's build back better
Yeah!
Let's build back, build back better!

This pandemic has revealed the nation's brave
Those who risk their lives every day
Overworked, severely underpaid
Front line at work - inadequate pay
Millions of workers need a better wage
Tell me how much longer must we wait
For an end to the slavery?
Good Day!
Goodbye to poverty pay!

Chorus

Dedicated to the cause

Everyday heroes

Another round of applause

For our key workers

God* bless them all

It's time to pay them what their

worth is

What are we waiting for?

Can't you see or are you blind to the facts Some can barely feed their families after rent, bills and tax

How cheap can we bargain for their dignity

When we treat key workers like commodities?

See you've got to have a beating heart to do this job

Those hearts work hard -

it's a daily slog

Hard times - long shifts - late nights - hard thrifts

They're our everyday heroes - never forget this

Never forget this, never forget this!

Chorus

Bridge

Give it up!

This is for the nurses, carers, cleaners, porters

Retail staff, shelf stackers, pharmacists and postal workers

Teaching assistants, transport staff, delivery drivers

Security, fire fighters, garbage collectors

And every key worker essential! Aaaye! Ohhh! Aaaye!

Chorus (2 part) Chorus (3 part)

*This song was originally written for the Living Wage Campaign. In the interests of inclusivity, if you prefer to omit 'God' from the phrase 'God bless them all' you have the writer's permission to do so



Scan for video lessons & more

Strong Hearts, Strong Minds

Written collaboratively by NewYVC and Living Song Inspired by the story and work of Malalai Joya, Afghanistan

Riff: D--- Am--- C--- G---

Your voice echoes steadfast hope x2

Eyo, eyo oh oh ohh x 2 Eyo, eyo oh oh ohh x 2

Chorus

Strong hearts, Strong minds, helps us all unite Sacrificed the life they chose To change yours and mine Strong hearts, Strong minds, will you join the fight, Stand up for the rights of those Who cannot feel the light

Your voice echoes far and wide x2

Eyo, eyo oh oh ohh x 2 Eyo, eyo oh oh ohh x 2

Chorus x 3









www.newham-music.org.uk/our-projects/newham-harmony/